

2025-2026 Wrestling Regions

1A/2A East	1A/2A West
<ul style="list-style-type: none"> • Bear Grass Charter School • Cape Hatteras Secondary School • Columbia High School • Excelsior Classical Academy • Falls Lake Academy • Hobgood Charter School • Jones Senior High School • KIPP Pride High • Mattamuskeet School • Neuse Charter School • North East Carolina Preparatory School • North Edgecombe High School • Northside High School (Pinetown) • Ocracoke School • Onslow Early College • Rocky Mount Preparatory School • Sallie B. Howard High School • Southeast Collegiate Prep Academy • Southern Wake Academy • TMSA Triangle • Vance Charter School • Washington County High School • Weldon STEM High School Career Academies • Wilson Preparatory Academy • Woods Charter School • Bertie High School • Camden County High School • East Bladen High School • East Carteret High School • East Wake Academy • Franklin Academy • Gates County Senior High School • Henderson Collegiate • Hobbton High School • John A. Holmes High School • Lakewood High School • Lejeune High School • Manteo High School • North Duplin Junior-Senior High School 	<ul style="list-style-type: none"> • Andrews High School • Ascend Leadership Academy • Bethany Community School • Blue Ridge Early College • Bonnie Cone Leadership Academy • Carolina International School • Central Carolina Academy • Chatham Central High School • Chatham Charter School • Clover Garden School • Discovery Charter • Eastern NC School for the Deaf • Hayesville High School • Highlands School • Hiwassee Dam High School • Jackson Day School • Macon Early College High School • Millennium Charter Academy • Nantahala School • North Carolina School for the Deaf • North Carolina School of Science and Mathematics - Morganton • North Stokes High School • Phoenix Academy • River Mill Academy • Robbinsville High School • Rosman High School • South Davidson Middle and High School • Summit Charter Academy • The College Prep and Leadership Academy • The North Carolina Leadership Academy • Thomas Jefferson Classical Academy • TMSA Charlotte • TMSA Triad • Tri-County Early College High School

2025-2026 Wrestling Regions

<ul style="list-style-type: none"> • Northampton County High School • Northwest Halifax Collegiate and Technical Academy • Pamlico County High School • Perquimans County High School • Raleigh Charter High School • Research Triangle High School • Rosewood High School • Southside High School • Tarboro High School • Union High School • Voyager Academy • Warren County High School • West Columbus High School 	<ul style="list-style-type: none"> • Winston-Salem Preparatory Academy • Albemarle High School • Alleghany High School • American Leadership Academy Johnston • Avery County High School • Bishop McGuinness Catholic High School • Bradford Preparatory School • Cherokee High School • Cherryville High School • Christ the King Catholic High School • Community School of Davidson • Cornerstone Charter Academy • Corvian Community School • East Wilkes High School • Elkin High School • Eno River Academy • Gray Stone Day School • Highland School of Technology • Langtree Charter Academy • Mitchell High School • Mountain Island Charter School • Murphy High School • North Rowan High School • Piedmont Classical High School • Queen's Grant High School • Roxboro Community School • South Stanly High School • South Stokes High School • Starmount High School • Sugar Creek Charter • Swain County High School
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***Not ALL 1A/2A schools have a wrestling program.**

2025-2026 Wrestling Regions

3A East	3A West
<ul style="list-style-type: none"> • Ayden-Grifton High School • Beddingfield High School • Farmville Central High School • Goldsboro High School • Greene Central High School • Heide Trask Senior High School • Hertford County High School • James Kenan High School • Kinston High School • Louisburg Magnet High School • Martin County High School • Midway High School • North Carolina School of Science and Mathematics - Durham • Northeastern High School • Northwood High School • Pasquotank County High School • Pender High School • Princeton High School • Providence Grove High School • South Columbus High School • South Lenoir High School • Spring Creek High School • Wake Preparatory Academy • Wallace-Rose Hill High School • West Bladen High School • Whiteville High School 	<ul style="list-style-type: none"> • Bessemer City High School • Charles D. Owen High School • CHASE High School • Dalton L. McMichael High School • East Davidson High School • East Rutherford High School • East Surry High School • Eastern Randolph High School • Hendersonville High School • Jimmy C. Draughn High School • Lincolnton High School • Madison High School • Mount Airy High School • Mountain Heritage High School • North Moore High School • North Stanly High School • North Wilkes High School • Piedmont Community Charter School • Pine Lake Preparatory • Polk County High School • Robert L. Patton High School • Shelby High School • South Columbus High School • Thomasville High School • Trinity High School • Union Academy • Walkertown High School • West Caldwell High School • West Davidson High School • West Lincoln High School • West Stanly High School • West Stokes High School • West Wilkes High School • Wheatmore High School

2025-2026 Wrestling Regions

4A East	4A West
<ul style="list-style-type: none"> • Anson High School • Bunn High School • Carrboro High School • Carver High School • Clinton High School • East Duplin High School • Eastern Wayne High School • Fairmont High School • First Flight High School • Graham High School • Hugh M. Cummings High School • John M. Morehead High School • Jordan-Matthews High School • Ledford Senior High School • Nash Central High School • North Johnston High School • North Lenoir High School • North Pitt High School • Randleman High School • Red Springs High School • Reidsville High School • Roanoke Rapids High School • SouthWest Edgecombe High School • Southwest Onslow High School • Southwestern Randolph High School • T. Wingate Andrews High School • Uwharrie Charter Academy • Washington High School • West Craven High School 	<ul style="list-style-type: none"> • Ashe County High School • Bandys High School • Brevard High School • Bunker Hill High School • Burns High School • Central Academy of Technology and Arts • Central Davidson High School • East Burke High School • East Gaston High School • East Henderson High School • Forbush High School • Fred T. Foard High School • Hibriten High School • Lexington Senior High School • Lincoln Charter School • Maiden High School • Mount Pleasant High School • Newton-Conover High School • North Surry High School • Pisgah High School • Rutherfordton-Spindale Central High School • Salisbury High School • South Rowan High School • Stuart W. Cramer High School • Tuscola High School • West Iredell High School • Wilkes Central High School

2025-2026 Wrestling Regions

5A East	5A West
<ul style="list-style-type: none"> • Cedar Ridge High School • Charles B. Aycock High School • Croatan High School • Currituck County High School • Dixon High School • Douglas Byrd High School • Durham School of the Arts • Eastern Alamance High School • Fike High School • Havelock High School • J.F. Webb High School • James B. Hunt High School • Northeast Guilford High School • Northside High School (Jacksonville) • Orange High School • Person High School • Richlands High School • Rockingham County High School • Rocky Mount High School • Saint Pauls High School • Seaforth High School • South Brunswick High School • South Granville High School • Southeast Alamance High School • Southern Guilford High School • Southern Nash High School • Southern Wayne High School • West Carteret High School • Western Alamance High School 	<ul style="list-style-type: none"> • Clyde A. Erwin High School • Concord High School • Crest High School • East Lincoln High School • East Rowan High School • Enka High School • Forest Hills High School • Forestview High School • Franklin High School • Hickory High School • Hunter Huss High School • Jay M. Robinson High School • Jesse C. Carson High School • Monroe High School • Montgomery Central High School • North Buncombe High School • North Davidson High School • North Forsyth High School • North Gaston High School • North Henderson High School • North Lincoln High School • Northwest Cabarrus High School • Oak Grove High School • Parkwood High School • Smoky Mountain High School • South Point High School • West Henderson High School • West Rowan High School

2025-2026 Wrestling Regions

6A East	6A West
<ul style="list-style-type: none"> • E.E. Smith High School • East Chapel Hill High School • Felton Grove High School • Franklinton High School • Gray's Creek High School • Harnett Central High School • Jacksonville High School • Lee County High School • Middle Creek High School • Northern Durham High School • Northern Nash High School • Seventy-First High School • South Johnston High School • South View High School • Southern Alamance High School • Southern Lee High School • Swansboro High School • Terry Sanford High School • Triton High School • Union Pines High School • Vance County High School • Walter M. Williams High School • West Brunswick High School • West Johnston High School • Western Harnett High School • Westover High School • White Oak High School 	<ul style="list-style-type: none"> • A.C. Reynolds High School • Alexander Central High School • Asheboro High School • Ashbrook High School • Asheville High School / SILSA • Ben L. Smith High School • Central Cabarrus High School • Charlotte Catholic High School • Eastern Guilford High School • Freedom High School • Harding University High School • James B. Dudley High School • Kings Mountain High School • Lucy Ragsdale High School • Mount Tabor High School • North Iredell High School • Northern Guilford High School • Olympic High School • Phillip O. Berry Academy of Technology • Piedmont High School • Robert B. Glenn High School • Scotland High School • South Caldwell High School • Southeast Guilford High School • St. Stephens High School • Statesville High School • Sun Valley High School • T.C. Roberson High School • Watauga High School • Western Guilford High School

2025-2026 Wrestling Regions

7A East	7A West
<ul style="list-style-type: none"> • Cape Fear High School • Cardinal Gibbons High School • Clayton High School • Cleveland High School • D.H. Conley High School • East Wake High School • Eugene Ashley High School • Fuquay-Varina High School • Garner Magnet High School • Heritage High School • Hillside High School • Holly Springs High School • Jack Britt High School • Knightdale High School • Lumberton Senior High School • New Bern High School • New Hanover High School • North Brunswick High School • Overhills High School • Pine Forest High School • Riverside High School • Sanderson High School • Smithfield-Selma High School • South Central High School • South Garner High School • Southeast Raleigh High School • Southern School of Energy and Sustainability • Topsail High School • Wake Forest High School 	<ul style="list-style-type: none"> • A.L. Brown High School • Ballantyne Ridge High School • Chapel Hill High School • Cox Mill High School • Cuthbertson High School • David W. Butler High School • Davie County High School • East Forsyth High School • Grimsley Senior High School • Hickory Ridge High School • Hopewell High School • Independence High School • Lake Norman High School • Marvin Ridge High School • McDowell High School • Mooresville High School • North Mecklenburg High School • Page High School • Parkland High School • Porter Ridge High School • Purnell Swett High School • Reagan High School • Richmond Senior High School • Rocky River High School • South Iredell High School • Southwest Guilford High School • Weddington High School • West Cabarrus High School • West Mecklenburg High School

2025-2026 Wrestling Regions

8A East	8A West
<ul style="list-style-type: none">• Apex Friendship High School• Apex High School• Athens Drive Magnet High School• Corinth Holders High School• Emsley A. Laney High School• Green Hope High School• Green Level High School• John T. Hoggard High School• Leesville Road High School• Millbrook High School• Needham B. Broughton High School• Panther Creek High School• Rolesville High School• Wakefield High School• William G. Enloe High School• Willow Spring High School	<ul style="list-style-type: none">• Ardrey Kell High School• Charles E. Jordan High School• East Mecklenburg High School• Garinger High School• Hoke County High School• Julius L. Chambers High School• Mallard Creek High School• Myers Park High School• Northwest Guilford High School• Palisades High School• Pinecrest High School• Providence High School• South Mecklenburg High School• West Charlotte High School• West Forsyth High School• William Amos Hough High School